Platinum Health's Principal Officer Why I am vaccinated



COVID-19 caught the world off-guard, and its severity has unsettled millions of people's lives. Too many of us have lost relatives due to COVID-19 and I am one of them.

When the opportunity came for me to vaccinate, I grabbed it with

both hands! I did so for two reasons:

- 1. To protect myself and those I love i.e., my family, friends, colleagues and everyone I come into contact with.
- 2. I am vulnerable because I suffer from comorbidities. By getting vaccinated, I significantly reduce my chances of getting severely ill, being hospitalised or even dying, should I become infected with COVID-19.



As Principal Officer of Platinum Health, I have experienced first-hand the devastating consequences of the pandemic. If you've lost a loved one and you're struggling to cope mentally, please call our helpline (010 1330 525) which is available 24/7.

Please don't listen to false information about the vaccine – the vaccine is safe, and it is the best way to protect ourselves and those around us.

I therefore urge all PH members to vaccinate as soon as possible - it is the right thing to do!