

# Who is on the other end of the EAP Counselor Line?



PLATINUM  
HEALTH

As part of Platinum Health's (PH) Employee Assistance Programme (EAP), we offer a free and confidential counseling service to help employees improve their quality of life. We want to ensure that you as an employee, are not only physically well, but also emotionally healthy.

**EAP Counsellors are available 24 hours per day, 7 days per week to offer counselling and support VIA THE EAP HELPLINE (010 133 0525).**

EAP Counselors are qualified to assist you with issues such as:  
Family problems, Financial problems, Substance abuse, Trauma debriefing, Work stress, Anxiety and Depressed Mood and Grief & bereavement

If you prefer to talk to an EAP Counselor in person, you are welcome to book an appointment with them at the medical facility closest to you.

*(Please note they strictly work according to appointments.)*

## MEET OUR EAP COUNSELORS:



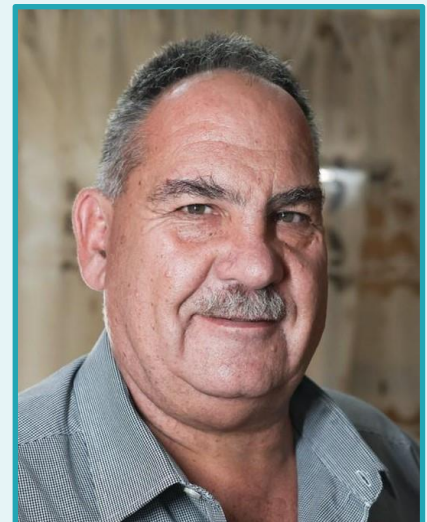
**TUMI MAANO**

Available at  
Union Hospital  
(010 133 1736)  
Siyanda Bakgatla



**ANNAMARIE STEYN**

Available at  
Amandelbult Hospital  
(087 463 0414) &  
Thabazimbi Medical Centre  
(014 133 0106)



**GYS VAN ZYL (locum)**

Available at  
Styldrift  
(014 1530 102)

## **SEITATOLE MOKGETHI**

Available at  
Royal Bafokeng  
Platinum Mine Clinic  
(014 573 1323) &  
PHMC, Rustenburg  
(014 590 1700) &  
OHC AAP  
(014 344 0293)



## **WINNIE MADIGA**

Available at  
Mogalakwena Mine  
(015 418 2155/214) &  
Modikwa Clinic  
(010 133 1779) &  
Mototolo Mine Clinic  
(013 230 5646)