

# Platinum Health supports

# NELSON MANDELA

18<sup>TH</sup> JULY INTERNATIONAL DAY



Platinum Health Medical Scheme (PHMS) showcased its support for promoting the Nelson Mandela legacy, by visiting various institutions on Mandela Day on 18 July 2023. The initiative was PHMS's contribution in honouring Mandela Day's global call to action that each individual has the power to transform the world and the ability to make an impact.

The United Nations officially declared 18 July as Nelson Mandela International Day in November 2009, recognising Mandela's values and his dedication to the service of humanity.

Rehlahleng Special School, Sizabantu Upliftment Centre, and Dikweipi Social Institute were identified respectively in the Eastern Limb, Rustenburg and Bosveld Regions as these are the three main regions where PHMS operates.

#### About Rehlahleng Special School – Eastern Limb Region

- Rehlahleng is a Public Government School in the Sekhukhune Region, in the community of Ga Mampuru in the Limpopo Province.
- The school is managed by School Principal, Mrs Nomonde Bhembe.
- Rehlahleng is a Special School catering for children with Down Syndrome and special needs.
- The school currently houses 209 children, with ages ranging from seven to 30 years old. The school has twelve teachers, twelve general workers, a Social Worker, and a Professional Nurse. The children receive lessons in food production (cooking), sewing, fine art, gardening, welding, carpentry, and hat making.



*Thank you for the generous donation - Mrs Nomonde Bhembe (School Principal) seen here with Mr Rodney Gounden (Chief Executive Officer). Standing with them are teachers from Rehlahleng Special School, together with Dr Matome Sekgala (Chief Operating Officer – Eastern Limb) and Dr Marroph Mokonyane (Business Unit Manager).*

# Platinum Health donated mattresses, stress balls, toothbrushes, toothpaste, and brushing charts to Rehlahleng Special School.

Platinum Health's Chief Executive Officer (CEO), Mr Rodney Gounden, Dr Matome Sekgala (Chief Operating Officer – Eastern Limb), together with a delegation from PHMS, visited Rehlahleng Special School on 18 July to donate much-needed items to the school.

Underlining the importance of preserving the legacy of Madiba, Mr Rodney Gounden reiterated that Mandela Day came about as a day to recognise Madiba. "It serves as a call to action for each and every one of us. It is a day that urges us to reflect on our actions, promote peace, equality, and justice and to strive towards a society

free from discrimination and oppression. This day is not just about remembering Madiba's achievements, it is about honouring his values and principles!"

Mr Gounden also recognised that education was the key to unlocking the potential of individuals and empowering them to create a better future. In honour of this belief Mandela Day encourages people to dedicate their time to educational initiatives, supporting schools and helping to provide equal access to education, for all. "This Mandela Day we identified the Rehlahleng Special School as a school that's part of the community that we serve and for which we wanted to do



*The children were captivated when Dr Vutisani Shivambu (Dentist) gave a demonstration on good dental hygiene.*

something special for on this day. We are thankful for what the school does for its learners in empowering them to improve themselves. We hope that our contributions today will assist you to be better and help your learners," he said.



*Judging by the smiles on their faces, the children from Rehlahleng Special School were overjoyed with their gifts.*

# Platinum Health donated fleece blankets, baby nappies, vitamins, stress balls, an urn, linen savers, gloves, toothbrushes, toothpaste and brushing charts to Sizabantu Upliftment Centre.

## About Sizabantu Upliftment Centre – Rustenburg Region

- Sizabantu Upliftment Centre is a registered entity which serves as a community-based centre. It is situated in Tlhabane, near Rustenburg in the North West Province.
- The centre is managed by Ms Violet Kgomotso Setshedi and she currently has eight employees.
- The centre currently caters for a total of 63 people, from children aged five months to adults aged 60 years of age.
- The facility provides proper healthcare, social support, and training to strengthen them for orphans, vulnerable children, individually abused family members victims, young adults, or women, as well as pregnant teenagers.



*A joyful time for the Platinum Health delegation to be able to give to Sizabantu Upliftment Centre. Standing from left are: Dr Gwen Ramatlo (Business Unit Manager); Peter Kgokong (Nursing Assistant); Sr Cokiswa Qomfo (Nursing Services Coordinator); Mrs Suzan Seemela (Dental Assistant); Dr Sakinah Khan (Dental Services Manager); Mr Albert Kokota (Nursing Services Executive); Reinette Lotz (Allied Services Manager) and Gillian du Preez (Materials Requirement Controller).*



*Their faces say it all.... happiness with the fleece blankets as it will keep them warm this winter!*

At the event, Mr Albert Kokota (Nursing Services Executive) said PHMS is always happy when we are able to make a positive difference in people's lives, especially the youngsters of today as they are the leaders of tomorrow.

"It is an exhilarating experience to be part of an initiative that gives something meaningful to the community. We received a warm welcome from Sizabantu Upliftment Centre and I would like to take this opportunity to thank School Management and all involved for making these 'giving' initiatives such a success."



*An urn was on the list of what they needed most. Seen here handing over the much needed item to Ms Violet Kgomotso Setshedi is Mr Tisetso Tsiki (Chief Financial Officer) and Mr Chris Kern (Chief People Officer)*



*The children of Sizabantu Upliftment Centre treated the audience with a thank-you song and dance.*

Platinum Health donated fleece blankets, adult diapers, adult vitamins, an urn, linen savers, and gloves to Dikweipi Social Institute.

**About Dikweipi Social Institute – Bosveld Region**

- Dikweipi Social Institute is a Non-Governmental Organisation (NGO) and it is situated in Dikweipi, Moruleng in the Northwest Province.
- The Institute is a home for the elderly, homeless and disabled.

- Dikweipi was founded by Tsholofelo Pilane and it currently has 10 employees.
- The facility currently houses 39 people: two children, two young adults aged between 16 and 18 years; 19 elderly women and 16 elderly men.



*Dr Tryphine Zulu (Chief Healthcare Officer) spending precious time with one of the elders at Dikweipi Social Institute.*



*Standing with children and an elder from the Institute are: Dr Vincent Ramaroka (Business Unit Manager); Dr Mel Mentz (Chief Operating Officer – Western Limb); Dr Tryphine Zulu (Chief Healthcare Officer) and Sr Kefilwe Diphoko (Nursing Services Coordinator).*



*Dr Vincent Ramaroka (Business Unit Manager) said in a society where the elderly was often overlooked or forgotten, it was wonderful to spend the day with the residents of Dikweipi Social Institute. Standing with him is Peggy Lerefolo (Client Liaison Officer) and elders from Dikweipi.*

Platinum Health received a warm welcome from each facility we visited, and we would like to take this opportunity to thank everyone involved for making the initiative such a success.

